

# **Cybersecurity – Information Security Program Basics**

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September 16, 2019



# Topics

- Information Security Mission
- Beliefs and Concepts
- Information Security Principles
- Useful External Frameworks and Reports
- IT Security Program Components
- Cyber Risk Insurance
- Cybersecurity – Metrics Tracking
- Cybersecurity – Common Threats
- Cybersecurity – Emerging Trends

# Information Security Mission

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- Our responsibility in IT is to have an informed level of confidence that the systems and technology we provide are well controlled, secure, available, and reliable.

# Beliefs and Concepts

- **Complexity** Information Security Programs are complex, and multi-dimensional; and many organizations get it wrong.
- **Breaches and Failures** Breaches and other information security failures are often the result of mismanagement of areas we (as IT professionals) already know how to manage.
- **IT Ubiquity** Business, government and non-profits are leveraging technology more and more. There is no going back. Every business is an IT business.
- **Frameworks** We are very fortunate in IT to have a large set of frameworks that provide guidance and assistance as we manage IT.
- **Completeness** Completeness is a key concept in cybersecurity. (*Information Security Programs are more like parachutes and less like bologna sandwiches.*) Frameworks can help us deal with completeness.

# Information Security Principles

- **Defense in depth**
  - No one system is 100% effective, build multiple controls to prevent, detect and slow down attackers
- **Assume breach / Plan for failure**
  - Assume that attackers have already breached your system, and design controls to detect and slow their actions
- **Least privilege**
  - Always design systems and grant access with a least privilege model, only what is needed for the business requirements
- **Risk based**
  - Take a risk based approach when designing controls, continually monitor risk and that controls are balanced in accordance to the organization's risk appetite
- **Security by design / Early involvement**
  - Involvement at early stages of projects and initiatives allows us to build security controls into systems from the beginning

# Useful External Frameworks and Reports

- Frameworks
  - ISO 27000 - Information Security
  - NIST Cybersecurity Framework
- Reports
  - Verizon Data Breach Investigations Report
  - U.S. House of Representatives, Committee on Oversight and Government Reform, The Equifax Data Breach, December 2018

**2019 Data Breach  
Investigations  
Report**

**U.S. House of Representatives  
Committee on Oversight and Government Reform**



**The Equifax Data Breach**

Majority Staff Report  
115th Congress

December 2018

# ISO 27000 – Information Security

- ISO 27000 standards provide guidance on implementing information security controls and an information security program.
- ISO 27000 series of standards is very robust, composed of 46 separate standards, all on the subject of information security.
  - ISO 27000 – Overview and vocabulary
  - ISO 27001 – Security techniques
  - ISO 27002 – Controls
  - ISO 27003 – Implementation guidance
  - ISO 27004 – Monitoring, measurement, analysis and evaluation
  - ISO 27005 – Risk management

# ISO 27000 – Information Security

- 1. Information security policies**
  - 1.1 Management direction for information security
- 2. Organization of information security**
  - 2.1 Internal organization
  - 2.2 Mobile devices and teleworking
- 3. Human resource security**
  - 3.1 Prior to employment
  - 3.2 During employment
  - 3.3 Termination and change of employment
- 4. Asset management**
  - 4.1 Responsibility for assets
  - 4.2 Information classification
  - 4.3 Media handling
- 5. Access control**
  - 5.1 Business requirements of access control
  - 5.2 User access management
  - 5.3 User responsibilities
  - 5.4 System and application access control
- 6. Cryptography**
  - 6.1 Cryptographic controls
- 7. Physical and environmental security**
  - 7.1 Secure areas
- 8. Operations security**
  - 8.1 Operational procedures and responsibilities
  - 8.2 Protection from malware
  - 8.3 Backup
  - 8.4 Logging and monitoring
  - 8.5 Control of operational
  - 8.6 Technical vulnerability management
  - 8.7 Information systems audit considerations
- 9. Communications security**
  - 9.1 Network security management
  - 9.2 Information transfer
- 10. System acquisition, development and maintenance**
  - 10.1 Security requirements of information systems
  - 10.2 Security in development and support processes
  - 10.3 Test data
- 11. Supplier relationships**
  - 11.1 Information security in supplier relationships
  - 11.2 Supplier service delivery management
- 12. Information security incident management**
  - 12.1 Management of information security incidents and improvements
- 13. Information security aspects of business continuity management**
  - 13.1 Information security continuity
  - 13.2 Redundancies
- 14. Compliance**
  - 14.1 Compliance with legal and contractual requirements
  - 14.2 Information security reviews



# NIST Cybersecurity Framework

- Very robust, lifecycle-based framework

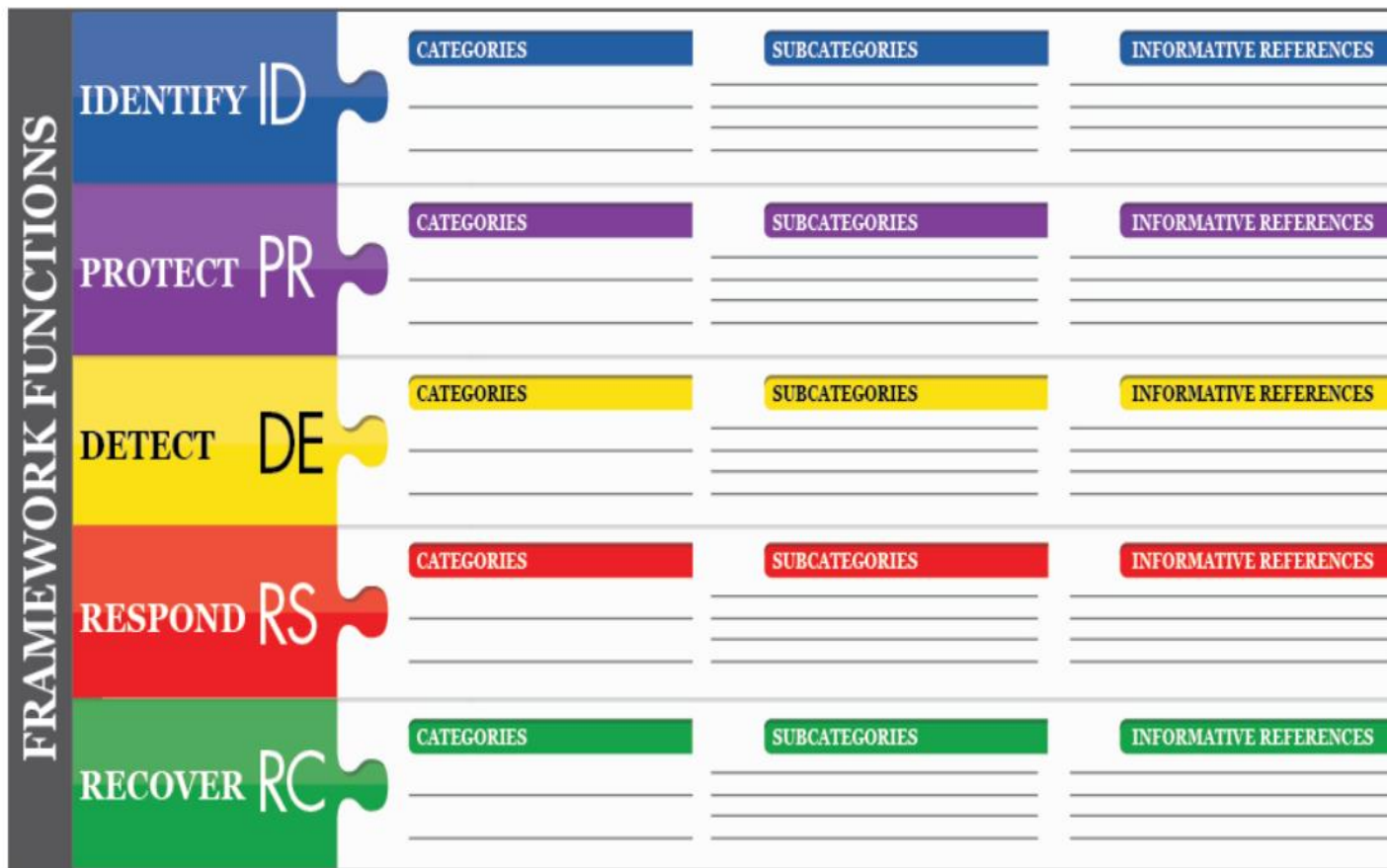


Figure 1: Framework Core Structure

# NIST Cybersecurity Framework

Table 2: Function and Category Unique Identifiers

| Function Unique Identifier | Function | Category Unique Identifier | Category  |
|----------------------------|----------|----------------------------|---|
| ID                         | Identify | ID.AM                      | Asset Management                                |
|                            |          | ID.BE                      | Business Environment                            |
|                            |          | ID.GV                      | Governance                                      |
|                            |          | ID.RA                      | Risk Assessment                                 |
|                            |          | ID.RM                      | Risk Management Strategy                        |
|                            |          | ID.SC                      | Supply Chain Risk Management                    |
| PR                         | Protect  | PR.AC                      | Access Control                                  |
|                            |          | PR.AT                      | Awareness and Training                          |
|                            |          | PR.DS                      | Data Security                                   |
|                            |          | PR.IP                      | Information Protection Processes and Procedures |
|                            |          | PR.MA                      | Maintenance                                     |
|                            |          | PR.PT                      | Protective Technology                           |
| DE                         | Detect   | DE.AE                      | Anomalies and Events                            |
|                            |          | DE.CM                      | Security Continuous Monitoring                  |
|                            |          | DE.DP                      | Detection Processes                             |
| RS                         | Respond  | RS.RP                      | Response Planning                               |
|                            |          | RS.CO                      | Communications                                  |
|                            |          | RS.AN                      | Analysis  |
|                            |          | RS.MI                      | Mitigation                                      |
|                            |          | RS.IM                      | Improvements                                    |
| RC                         | Recover  | RC.RP                      | Recovery Planning                               |
|                            |          | RC.IM                      | Improvements                                    |
|                            |          | RC.CO                      | Communications                                  |

# Verizon Data Breach & Report on Equifax Data Breach

- Verizon Data Breach Investigations Report
  - Annual summarization and trend analysis of security events world-wide.
- U.S. House of Representatives, Committee on Oversight and Government Reform, The Equifax Data Breach, December 2018
  - Relatively unique deep dive into an actual cybersecurity breach conducted with the investigative powers of the U.S. Congress.
  - Includes quotes and citations from interviews of Equifax employees.

**2019 Data Breach  
Investigations  
Report**

**U.S. House of Representatives  
Committee on Oversight and Government Reform**

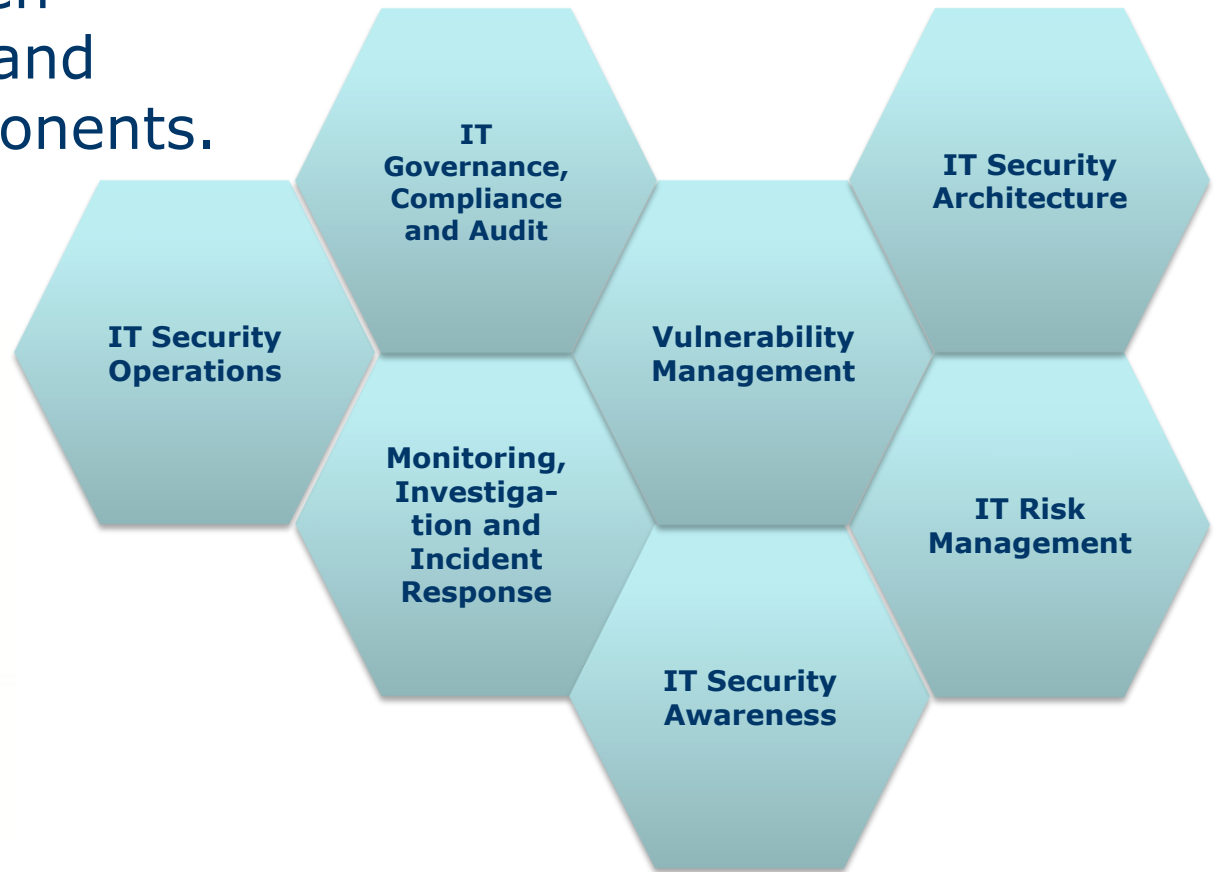


**The Equifax Data Breach**

Majority Staff Report  
115th Congress  
December 2018

# IT Security Program Components

The IT Security Program is built from seven inter-connected and reinforcing components.



All IT Security Programs are different. Presented here is an example of what one effective program might look like.

# Program Component Activities

## IT Governance, Compliance and Audit

- Developing policies and standards for IT
- Tracking updates to policies and standards
- COBIT 5 adoption and capability tracking
- Managing IT general controls process
- Process reviews / audits
- Liaison with Internal Audit

## IT Security Architecture

- Developing the overall interconnected and layered IT Security defenses
- Advising and overseeing infrastructure and system builds to ensure alignment with IT Security architecture
- Partnered in an empowered role with IT Enterprise Architecture office

## IT Security Operations

- Installing, configuring and maintaining IT Security systems
- Ensuring reliable, effective and up-to-date IT security systems
- Managing the roadmap of IT Security systems
- Managing certificate/encryption infrastructure
- Reviewing system hardening and configurations
- Assisting in secure installations, configurations and builds with operational and project teams

## Monitoring, Investigation and Incident Response

- Daily monitoring of IT security events and alerts
- Investigation of IT security events and alerts
- Tuning of monitoring systems
- Identification, containment and resolution of IT security incidents
- Threat hunting

# Program Component Activities

## Vulnerability Management

- Patch management (oversight, advice and direction)
- Penetration testing (external/internal)
- Vulnerability scans and remediation (external/internal)
- Ongoing monitoring of threat and risk landscape
- Risk based evaluation of new threats and risks
- Ad-hoc reviews and configuration reviews

## IT Risk Management

- Annual formal and comprehensive IT risk assessment
- Consolidated risk/issue log - tracking to resolution
- Ongoing monitoring of threat and risk landscape
- Involvement in projects:
  - Security Threat Risk Assessment (STRA) process
  - Assisting in design, requirements, architecture
  - Assisting in product/vendor selection

## IT Security Awareness

- Providing IT Security Awareness training
- Fostering awareness of IT policies, standards and processes
- Fostering awareness of threats and risks to IT systems
- Phishing testing on a quarterly basis
- Password strength audits on a quarterly basis

# Examples of Useful Artifacts

- Information Security Policy
- Information Security Architecture
- Information Security Education Bulletins
- Common Attack Scenarios Analysis
- Security Threat Risk Analysis Process
- External Penetration Test Report
- IT Risk Assessment
- IT General Controls
- Cyber Incident Planning
  - Cyber Incident Response Plans
  - Tabletop Cyber Incident Tests
- Metrics
  - Executive/Board Level Dashboards
  - Detailed Metrics

# Cyber Risk Insurance Summary

- Possible Coverage
  - Internet Media Liability
  - Network Security and Privacy Incident
  - Regulatory Proceedings Finds and Penalties
  - Digital Asset Loss
  - Cyber Extortion
  - Business Interruption and Associated Costs
- Triggering Events
  - Unauthorized access, unauthorized use, malicious code, malware, Denial of Service Attack upon company computer systems that result in interruption of service; or
  - Interruption of service actively caused by the company in responding to unauthorized access/use

Whether Cyber Risk Insurance is an appropriate investment for your organization is a complex, risk-benefit decision.



# Cybersecurity – Metrics Tracking

- Security Incidents
- Compliance with IT General Controls
- Security Awareness Course Completion
- Phishing Tests and Events
- Patching Statistics
- Vulnerability Scan Results
- Endpoint Protection Stats
- Password Strength Audit Results
- Security Program Calendar of Activities
- IT Risk Assessment – Residual Risk Analysis

# Cybersecurity – Common Threats

- Denial of Service (DoS)
- Phishing
- Use of stolen credentials
- Ransomware
- Spyware / Keyloggers
- Pretexting / Social Engineering
- Misconfiguration
- Privilege Abuse (insider threat)
- Hacking / Website Vulnerabilities
- Emailed virus / malware

# Cybersecurity – Emerging Trends

- **Cybercrime**

- Ransomware
- Social Engineering
- Internet of Things – expansion of threat surface
- The Rise of Hacktivism
- State-sponsored cybercrime
- Time lag between breach and breach detection

- **Management**

- Elevation of Chief Information Security Officer (CISO) role
  - CISO as an empowered role
- Board involvement / board reporting
- Scarcity of qualified people resources
- Security firms on retainer

# Wrap-up and Q&A

